

# May 2018 Activity Calendar [www.amberleaplace.com](http://www.amberleaplace.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30 Bocce Ball 10:30 Falls Prevention Class <b>2:00 John and his accordion</b> 3:00 Tea & Cookies	<b>2</b> 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play	<b>3</b> 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b> <b>7PM MOVIE NIGHT</b>	<b>4</b> <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises 2:00 BINGO 3:00 Tea & Cookies	
6	<b>7</b> 9:30 Group Exs. 10:30 Bocce Ball 2:00 Bingo 3:00 Tea & Cookies <b>3:15 Colouring Class</b>	<b>8</b> 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	<b>9</b> 9:30 Group Exercises 10:30 Bowling <b>2:15 Queensway Bell Ringers</b>	<b>10</b> <b>10:30 Anglican Church</b> 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b>	<b>11</b> <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises <b>12:30 Mother's Day Lunch!</b> 2:00 BINGO 3:00 Tea & Cookies	
13 <b>Happy Mother's Day!</b>	<b>14</b> 9:30 Group Exs. 10:30 Bocce Ball <b>2:00 Spring Gardening</b>	<b>15</b> 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	<b>16</b> 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies <b>3:15 Hot Wax Baths</b>	<b>17</b> 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b> <b>7PM MOVIE NIGHT</b>	<b>18</b> <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises <b>2:00 Ice Cream Fest!</b> 3:00 Tea & Cookies	
20 <b>2:00 Gideon Hymn Sing</b>	 <b>Victoria Day May 23</b>	<b>22</b> 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	<b>23</b> 9:30 Group Exercises <b>10:30 Baptist Church</b> 2:00 Shuffleboard 3:00 Tea & Cookies <b>3:15 Manicures</b>	<b>24</b> <b>10:15am Mock Evacuation!</b> 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b> <b>7pm-8pm Singers Studio</b>	<b>25</b> <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises <b>2:00 Baking Class</b> 3:00 Tea & Cookies	26
27 Check out our web page and Facebook page at <a href="http://www.amberleaplace.com">www.amberleaplace.com</a>	<b>28</b> 9:30 Group Exs. 10:30 Bocce Ball <b>2:00 Residents Council</b> 3:00 Tea & Cookies	<b>29</b> 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> <b>2:00 Skip kids are in</b> 3:00 Tea & Cookies	<b>30</b> 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies	<b>31</b> 10:30 Bowling <b>2:00 Birthday Party with Dan Clahane</b> <b>3:30 Falls Prevention Class</b> <b>7PM MOVIE NIGHT</b>		
Residents: Please keep an eye on the Activities Board by the nurse's station for updates	SKIP visits with the school children will be on the last Tuesday of every month. Please come and enjoy this special time with are youth.		Happy Birthday Gloria Novak May 19 <sup>th</sup>	<b>Come join us for Colouring Class!!!</b>	<b>Benefits of Therapeutic Colouring!</b> 1) Co-ordination and Muscle Control !!! 2) Stress Relief !!! 3) Self Expression !!! 4) Socialisation !!!	