

May 2018 Activity Calendar www.amberleaplace.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 John and his accordion 3:00 Tea & Cookies	2 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play	3 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Class 7PM MOVIE NIGHT	4 9:30 Roman Catholic Church 10:30 Group Exercises 2:00 BINGO 3:00 Tea & Cookies	
6	7 9:30 Group Exs. 10:30 Bocce Ball 2:00 Bingo 3:00 Tea & Cookies 3:15 Colouring Class	8 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies	9 9:30 Group Exercises 10:30 Bowling 2:15 Queensway Bell Ringers	10 10:30 Anglican Church 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Class	11 9:30 Roman Catholic Church 10:30 Group Exercises 12:30 Mother's Day Lunch! 2:00 BINGO 3:00 Tea & Cookies	
13 Happy Mother's Day!	14 9:30 Group Exs. 10:30 Bocce Ball 2:00 Spring Gardening	15 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies	16 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Hot Wax Baths	17 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Class 7PM MOVIE NIGHT	18 9:30 Roman Catholic Church 10:30 Group Exercises 2:00 Ice Cream Fest! 3:00 Tea & Cookies	
20 2:00 Gideon Hymn Sing		22 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies	23 9:30 Group Exercises 10:30 Baptist Church 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Manicures	24 10:15am Mock Evacuation! 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Class 7pm-8pm Singers Studio	25 9:30 Roman Catholic Church 10:30 Group Exercises 2:00 Baking Class 3:00 Tea & Cookies	26
27 Check out our web page and Facebook page at www.amberleaplace.com	28 9:30 Group Exs. 10:30 Bocce Ball 2:00 Residents Council 3:00 Tea & Cookies	29 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Skip kids are in 3:00 Tea & Cookies	30 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies	31 10:30 Bowling 2:00 Birthday Party with Dan Clahane 3:30 Falls Prevention Class 7PM MOVIE NIGHT		
Residents: Please keep an eye on the Activities Board by the nurse's station for updates	SKIP visits with the school children will be on the last Tuesday of every month. Please come and enjoy this special time with are youth.		Happy Birthday Gloria Novak May 19th	Come join us for Colouring Class!!!	Benefits of Therapeutic Colouring! 1) Co-ordination and Muscle Control !!! 2) Stress Relief !!! 3) Self Expression !!! 4) Socialisation !!!	