

# July 2018 Activity Calendar [www.amberleaplace.com](http://www.amberleaplace.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  <b>CANADA DAY</b>	2 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies <b>Keith is away today.</b>	3 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 <b>John and his accordion</b> 3:00 Tea & Cookies	4 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies	5 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b>	6 <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises 2:00 BINGO 3:00 Tea & Cookies	7 
8 <b>Outreach Ministry Hymn Sing 2pm</b>	9 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 Colouring	10 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	11 9:30 Group Exercises <b>10:30 Anglican Church</b> 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play	12 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b> <b>7PM MOVIE NIGHT</b>	13 <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises <b>2:00 Ice Cream Fest</b> 3:00 Tea & Cookies	14 
15	16 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies <b>3:15 Manicures</b>	17 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	18 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play	19 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b>	20 <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises <b>11:30-1:30 BBQ LUNCH</b> 2:00 BINGO 3:00 Tea & Cookies	21 
22 	23 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies <b>3:15 Resident Council</b>	24 9:30 Bocce Ball <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	25 9:30 Group Exercises <b>10:30 Baptist Church</b> 2:00 Shuffleboard 3:00 Tea & Cookies 7pm Hymn Sing	26 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour <b>3:30 Falls Prevention Class</b> <b>7PM MOVIE NIGHT</b>	27 <b>9:30 Roman Catholic Church</b> 10:30 Group Exercises 2:00 BINGO 3:00 Tea & Cookies	28 
29  Residents: Please keep an eye on the Activities Board by the nurses station for updates	30 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies	31 <b>10:30 Falls Prevention Class</b> 2:00 Bingo 3:00 Tea & Cookies	Benefits of Therapeutic Colouring! 1) Co-ordination and Muscle Control !!! 2) Stress Relief !!! 3) Self Expression !!! 4) Socialisation !!! <b>Happy Birthday!</b> Pat Allsopp July 8 <sup>th</sup> Sonny Brewster July 4 <sup>th</sup> Bruce Clark July 3 <sup>rd</sup> Eileen Pasick July 26 <sup>th</sup>	<b>Come join us for Colouring Class!!!</b> 	<b>Never Look down on anyone, unless you're helping them up!</b> Rev. Jessie Jackson	