
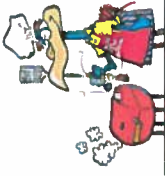



August 2018 Activity Calendar www.amberleaplace.com

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|--|
| AUGUST  |  |  | 1 10:30 Bowling 2:00 BINGO 3:00 Tea & Cookies 3:15 Words Play | 2 10:30 Bowling with Margaret 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention | 3 9:30 Roman Catholic Church 2:00 BINGO with Margaret 3:00 Tea & Cookie | 4  |
| 5  | 6 9:30 Bocce Ball 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies | 7 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 John and his accordion 3:00 Tea & Cookies | 8 10:30 Anglican Church 2:00 BINGO 3:00 Tea & Cookies 3:15 Words Play | 9 10:30 Bowling with Margaret 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention | 10 9:30 Roman Catholic Church 2:00 BINGO with Margaret 3:00 Tea & Cookies | 11  |
| 12 Outreach Ministry Hymn Sing | 13 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies | 14 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies | 15 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play | 16 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention 7pm MOVIE NIGHT | 17 9:30 Roman Catholic Church 10:30 Group Exercises BBQ set up! 3:00 Tea & Cookies | 18 Annual BBQ With Ken Armstrong! |
| 19  | 20 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies | 21 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies | 22 9:30 Group Exercises 10:30 Baptist Church 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Hot Wax Baths (hands) 7PM Hymn Sing (A.Rm) | 23 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention | 24 9:30 Roman Catholic Church Bus Trip!! 10am Please sign up at the nurse's station!! | 25  |
| 26 Come join us for Colouring for Class!!! Residents: Please keep an eye on the Activities Board by the nurses station for updates | 27 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 Manicures | 28 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:15 Residents Council | 29 9:30 Group Exercises 10:30 Bowling 2:00 Ice Cream Fest!! 3:00 Social Time | 30 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention 7PM Movie Night | 31 9:30 Roman Catholic Church 10:30 Group Exercises 2:00 Birthday Party with Dan Clahane 3:00 Tea & Cookies | Benefits of Therapeutic Colouring! 1) Co-ordination and Muscle Control !!! 2) Stress Relief !!! 3) Self Expression !!! 4) Socialisation !!! If you sign up, please commit to it. You can sign up at the Nurse's station. This trip will depend on how many residents sign up. |