






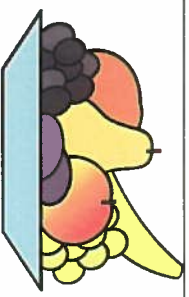



October 2018 Activity Calendar www.amberleaplace.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 9:30 Group Exs. 10:30 Bowling 2:10 National Seniors Day High Tea</p>	<p>2 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 John and his accordion 3:00 Tea & Cookies</p>	<p>3 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Words Play</p>	<p>4 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention</p>	<p>5 9:30 Roman Catholic Church 2:00 BINGO 3:00 Tea & Cookies</p>	<p>6 </p>
<p>7 </p> <p>Outreach Ministry Hymn Sing</p>	<p>8  HAPPY THANKSGIVING</p> <p>9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 Colouring</p>	<p>9 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies</p>	<p>10 9:30 Group Exercises 10:30 Bowling 10:30 Allan & his Cello (Front Lounge)Hymns 2:00 Dental Students are in</p>	<p>11 9:30 Bocce Ball 10:30 Anglican Church 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Movie Night 7PM</p>	<p>12 9:30 Roman Catholic Church 10:30 Group Exercises 2:10 ICE CREAM FEST! 3:00 Tea & Cookies</p>	<p>13 </p>
<p>14 Outreach Ministry Hymn Sing</p>	<p>15 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 Colouring</p>	<p>16 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Bingo 3:00 Tea & Cookies</p>	<p>17 9:30 Group Exercises 10:30 Bowling 2:00 Shuffleboard 3:00 Tea & Cookies 3:15 Hot Wax Baths</p>	<p>18 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention</p>	<p>19 9:30 Roman Catholic Church 10:30 Group Exercises 2:00 BINGO 3:00 Tea & Cookies</p>	<p>20 </p>
<p>21 Family Time!! ENJOY</p>	<p>22 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 Residents Council</p>	<p>23 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 Hearing Tests in the Activity Room</p>	<p>24 9:30 Group Exercises 10:30 Bowling 10:30 Alan & his Cello 2:00 Shuffleboard 3:00 Alzheimer's Coffee Break Fundraiser. Bring a Tootsie! 7PM HYMN SING!</p>	<p>25 9:30 Bocce Ball 10:30 Bowling 2:00 Euchre/Games/Social Hour 3:30 Falls Prevention Movie Night 7PM</p>	<p>26 9:30 Roman Catholic Church 10:30 Group Exercises 2:10 Baking with Keith 3:00 Tea & Cookies</p>	<p>27 </p>
<p>28 Come join us for Colouring Class!!!</p> <p>Residents: Please keep an eye on the Activities Board by the nurses station for updates</p>	<p>29 9:30 Group Exs. 10:30 Bowling 2:00 Bingo 3:00 Tea & Cookies 3:15 MANICURES Happy Birthday!!</p> <p>Happy Birthday!! Geri Oliver 11th Rina Tomietto 30th</p>	<p>30 9:30 Bocce Ball 10:30 Falls Prevention Class 2:00 SKIP KIDS ARE IN!</p> <p>Check out our web page and Facebook page at www.amberleaplace.com</p>	<p>31 9:30 Group Exercises 10:30 Baptist Church 2:00 HALLOWEEN BIRTHDAY PARTY with KEN ARMSTRONG!</p> <p>Residents: Please note that on October 24th we will hold a Coffee break fundraiser for the Alzheimers Society. A donation would be appreciated for this cause. Thank you</p>	<p>There will be an Alzheimer's Disease fundraiser Coffee Break on October 24th. Please bring a donation and enjoy a snack. Thank you</p>	<p>Fire Drill October 25th!</p> <p></p>	<p>Residents: Join in the fun and dress up for our Halloween Party on Oct 31st!!!</p> <p></p>