


August 2022 Amber Lea Place Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CIVIC HOLIDAY	2 10:30 Falls Prevention Class 2pm Bingo with Rhea	3 10:15 main hallway Exercises with Eileen and Ruby 2pm bingo with Rhea	4 10:30 Falls Prevention Class 2pm Bingo with Maria	5 9:45 am R.C. Service Keith returns on Monday!	6 
7 	8 10:15 Second Floor Exercises 2:00pm Bocce Ball Teams 1 & 2 3pm Snack Time	9 10:30 Falls Prevention Class (Activity Room) 2:00pm Anglican Church 3pm Snack Time	6 10:15 Main Floor Exercises 2:00pm Bocce Ball Teams 3 & 4 3pm Snack Time	11 10:30 Falls Prevention Class (Activity Room) 2pm Euchre 3pm Snack Time	12 9:45 am R.C. Church Service 10:30 am Main and 2nd floor exercises 2:00pm Bingo 3pm Snack Time	13 
14 	15 10:15 Second Floor Exercises 2:00pm Ice Cream Fest! 3pm Snack Time	16 10:30 Falls Prevention Class (Activity Room) 11:30-1:30pm Corn Fest Lunch 3pm Snack Time	6 10:15 Main Floor Exercises 2:00pm Manicures 3pm Snack Time 7PM Movie Night! (Activity Room)	18 10:30 Falls Prevention Class (Activity Room) 2pm Baking Class 3pm Snack Time	19 9:45 am R.C. Church Service 10:30 am Main and 2nd floor exercises 2:00pm Bowling 3:00 Snack Time	20 
21	22 10:15 Second Floor Exercises 2:00pm Bocce Ball Teams 2 & 3 3pm Snack Time	23 10:30 Falls Prevention Class (Activity Room) 2:00pm Bingo 3pm Snack Time	6 10:15 Main Floor Exercises 2:00pm Bocce Ball Teams 1 & 4 3pm Snack Time	25 10:30 Falls Prevention Class (Activity Room) 2pm Euchre 3pm Snack Time	26 9:45 am R.C. Church Service 10:30 am Main and 2nd floor exercises 2:00pm Bowling 3pm Snack Time	27 
28 Activities will run as able. Please see the nurse's station calendar for updates	29 10:15 Main Floor Exercises 2:00pm Bocce Ball Teams 3 & 4 3pm Snack Time	30 10:30 Falls Prevention Class (Activity Room) 2:00pm Resident Council 3pm Snack Time	31 10:15 Second Floor Exercises 2:00pm Bocce Ball Teams 1 & 2 3pm Snack Time	All residents are welcome to join an activity. Bingo cost .25 cents to play and every time you win you get your quarter back!	Note: Falls Prevention Exercise Classes are running again in the activity room Tuesday's and Thursday's at 10:30am	28 